

INTERSTITIAL LUNG DISEASE FOR THE PRIMARY CARE PROVIDER

CANDACE NORQUIST ILD SUMMIT 2023



Saturday | July 15, 2023 University of Washington | South Lake Union 850 Republican Street Seattle, WA 98109

Sponsored by:

UW School of Medicine Department of Medicine Division of Pulmonary, Critical Care, and Sleep Medicine Center for Interstitial Lung Disease

Interstitial Lung Disease Summit for the Primary Care Provider • July 15, 2023

Who should attend – This summit is specifically tailored for providers engaged in primary health care. This includes primary care and family medicine providers, internists, allied health professionals and trainees. Patients, family members and caretakers are also invited to attend this program.

COURSE DESCRIPTION

The purpose of this educational program is to increase awareness and knowledge of interstitial lung disease and pulmonary fibrosis among general practitioners.

Interstitial lung diseases are a heterogeneous group of diseases with over 200 subtypes, a complex classification scheme and many different causes. In conditions such as Idiopathic Pulmonary Fibrosis, the prognosis is poor with a median survival of 3-5 years from time of diagnosis. Delays in diagnosis are common and associated with worse survival. This program will discuss an approach to interstitial lung disease for primary care providers: when to suspect interstitial lung disease, the diagnostic evaluation, referral to specialists and initial management.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Incorporate interstitial lung disease and pulmonary fibrosis into the differential diagnosis when seeing a patient with persistent shortness of breath and/or cough.
- Recognize and interpret testing involved in early evaluation for interstitial lung disease.
- Identify roles of the general practitioner in management of patients with interstitial lung disease.
- Demonstrate an increased awareness and knowledge of interstitial lung disease and pulmonary fibrosis.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing

medical education for physicians.

Credit Designation

The University of Washington School



Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION**

| MD/DO/ND/PhD | \$50.00 | | |
|-----------------------------|---------|--|--|
| Allied Health Professionals | \$25.00 | | |
| *Resident/Fellow/Student | Free | | |
| Patient/Family/Friend | Free | | |

*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Course fees are estimated to include a transcript of AMA PRA Category 1 CreditsTM, access to online instructional materials, catering, taxes, faculty planning, and salaries. Register online at https://uw.Cloud-CME.com/MJ2402. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

^{**}Registration fees will primarily be used to cover accreditation and certificate fees for licensed clinicians.

RECOGNTION

The summit was created in memory of Candace Norquist, a patient at the Center for Interstitial Lung Disease, who passed away due to pulmonary fibrosis. The Candace Norquist Memorial Fund for the Center of Interstitial Lung Disease, created for primary care providers an educational fund to prompt the general practitioners to take the necessary steps to make an early diagnosis of interstitial lung disease and appropriate treatment interventions.

CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by June 30, 2023. A \$10.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after June 30, 2023. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on July 10, 2023, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

CHILDCARE POLICY/LACTATION SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office by July 7, 2023, if you will need to utilize lactation services.

DIETARY REQUESTS

UW CME considers diverse nutritional preferences and restrictions when planning our complimentary menu. If you have dietary restrictions (i.e. vegan, gluten-free, etc.), please notify us by sending an email to cme@uw.edu by June 30, 2023.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

ACCOMODATIONS The following hotels are located near the conference site. To make reservations, please directly contact the hotels. Astra Hotel Courtyard by Marriott EVEN Hotel Fairfield Inn & Suites 925 Westlake Ave N A Tribute Hotel 226 7th Ave N 300 Terry Ave N Seattle, WA 98109 Seattle, WA 98109 Seattle, WA 98109 206.443.2012 Seattle, WA 98109 206.213.0100 206.596.2302 206.693.6000 Hvat House MOXY Seattle Downtown Residence Inn Staybridge Suites 201 Fifth Ave N 1016 Republican Street 1119 Mercer Street Seattle, WA 98109 Seattle, WA 98109 Seattle, WA 98109 Seattle, WA 98109 206.727.1234 206.708.8200 206.624.6000 877.238.8889

FACULTY

Guest Speakers

Sonye Danoff, MD, PhD

Assistant Professor

Division of Pulmonary and Critical Care

Medicine

Co-Director

Johns Hopkins Interstitial Lung Disease

Pulmonary Fibrosis Program

Johns Hopkins Medicine

Washington, DC

Erin R. Medina, MD

Family Medicine Physician

Hometown Medical Services, PLLC

Spokane, WA

Douglas Norquist, MD

Orthopedic Surgery Specialist, Retired

Spokane, WA

University of Washington Faculty and Planning Committee

Gregory Gardner, MD, MACP

Professor Emeritus

Department of Medicine

Division of Rheumatology

Bruce C. Gilliland, M.D.-Lucile T. Henderson

Endowed Professor in Rheumatology

Planning Committee

Lawrence A. Ho, MD

Clinical Associate Professor

Department of Medicine

Division of Pulmonary, Critical Care,

and Sleep Medicine

Center for Interstitial Lung Disease (CILD)

Medical Director, Medical Specialty Clinics

Suha Kadura, MD

Incoming Clinical Assistant Professor

Department of Medicine

Division of Pulmonary, Critical Care and Sleep

Medicine

Center for interstitial Lung Diseases (CILD)

Sudhakar Pipavath, MD

Professor

Department of Radiology

Director of Pulmonary Imaging

Ganesh Raghu, MD, ATSF, FACP, FCCP

Professor

Department of Medicine

Division of Pulmonary, Critical Care, and Sleep

Medicine

Adjunct Professor, Department of Laboratory

Medicine and Pathology

Director, Center for Interstitial Lung Disease

Director, Interstitial Lung Disease/Sarcoid/

Pulmonary Fibrosis Program

Co-Director, Scleroderma Clinic

UWMC Montlake Campus

Conference Chair

Robert Ricciotti, MD

Assistant Professor

Department of Laboratory Medicine and Pathology

Director, Bone and Soft Tissue Fellowship Program

Coralynn Sack, MD, MPH

Assistant Professor

Department of Medicine and

Department of Environmental and Occupational

Health Sciences

Conference Co-Chair

Bridget Collins, MD

Clinical Associate Professor

Department of Medicine

Division of Pulmonary, Critical Care, and Sleep

Medicine

Planning Committee

Conference Schedule and Faculty Speakers

| SATU | TDD | A 37 | TT | TV | 1 = | 2022 |
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- 8:30 Registration and Breakfast
- 9:00 Welcome and Introduction
 Douglas Norquist, MD and Ganesh Raghu, MD
- 9:30 Evaluation of Patient with Persistent Dyspnea or Cough Suha Kadura, MD
- 10:15 Clinical Presentation: ILD Overview and Importance of Early Recognition Sonye Danoff, MD PhD
- 11:00 Break
- 11:15 Importance of Eliciting Exposure and Environmental History When Considering ILD Coralynn Sack, MD, MPH
- 12:00 Imaging as a Diagnostic Tool for Patients Suspected to Have Interstitial Lung
 Disease
 Sudhakar Pipavath, MD
- 12:45 Lunch Break
 - 1:15 Considering Connective Tissue Diseases Among Patients Suspected to Have ILD Greg Gardner, MD, MACP
- 2:00 Multidisciplinary Case Presentation with Panel Ganesh Raghu, MD (Moderator)

<u>Case Presentations:</u> <u>Panelists:</u>

Lawrence Ho, MD
Suha Kadura, MD
Coralynn Sack, MD, MPH
Sudhakar Pipavath, MD
Robert Ricciotti. MD

- 3:00 Break
- 3:15 Open Discussion with Attendees: Role of the PCP in Management of ILD Ganesh Raghu, MD (Moderator)

 Lawrence A. Ho, MD

 Erin Medina, MD

 Sudhakar Pipavath, MD
- 4:15 Closing Statements
 Ganesh Raghu, MD and Douglas Norquist, MD
- 4:30 Adjourn